

BGE NYVK	B1	Listening Comprehension	
English for Business Communication		30 minutes*	20 marks
Sample			

* including 3 minutes' transfer time

INSTRUCTIONS

Read the instructions for each part of the paper carefully. Answer all the questions. Write in blue or black ink.

There are two parts to the test. You will hear each piece **twice**. For each part of the test, there will be time for you to look through the questions and time for you to check your answers.

While you are listening, write your answers on the **question paper**. You will have 3 minutes at the end of the test to copy your answers onto the separate **answer sheet**.

At the end of the test, hand in both this question paper and your answer sheet.

When you hear a signal, the text begins.

Text 1

Five people will answer the question how often they do shopping.

I. ¹⁻¹⁰ **Decide if the following statements are true (T) or false (F) according to the text.**

One

1. He enjoys walking in department stores.
2. He easily finds clothes for himself.

Two

3. She does more shopping during sales.
4. It's a 5-minute walk from home to a department store.
5. She often eats in the department store.

Three

6. She buys daily needs 3-4 times a week.

Four

7. He does shopping once a week.
8. He had lots of money in childhood.

Five

9. She can do shopping after work.
10. She never tries things on.

Text 2

You will hear a text about the potential health problems of office workers.

II. ¹¹⁻²⁰ While listening, fill in each gap in the notes with a maximum of 2 words.

Office workers' health problems

Office workers should exercise for each day **(11)**

Sitting all day shortens **(12)**

Sitting all day: as dangerous as**(13)** *(Give 1 example!)*

Research done on 1 million**(14)**

Sitting 8 hours/day means:

Higher health risks by up to**(15)**

Good news: exercise helps

Inactive people's typical disease:**(16)** *(Give 1 example!)*

Other reason: eating**(17)**

Advice to office workers:

Take a 5-minute each hour **(18)**

Go upstairs to the**(19)**

Go to the next office

Go to the**(20)**

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KEY

Text 1	
1.	F
2.	F
3.	T
4.	F
5.	T
6.	T
7.	F
8.	T
9.	T
10.	F
Text 2	
11.	one/1 hour
12.	(our) life
13.	smoking/ (being) overweight
14.	adults
15.	60%
16.	heart disease/ diabetes/ cancer
17.	unhealthy snacks
18.	break
19.	coffee machine
20.	printer

Text 1

Shopping Frequency

ONE

I don't like shopping very much. **I'm not into all this walking around department stores** looking at stuff, choosing things. I'm a tall guy and **so it's really hard for me to find clothes** that fit so shopping is really not pleasant.

TWO

Well, I really, really enjoy shopping. That's why ... a week I could spend about four times to go to the department store, **especially when there is a bargain or sales**, and since **my house is near one of the biggest department store**, it's about five minutes by car, so, well, **if we want to have lunch together we go to that department store**, and after that we go shopping.

THREE

I go shopping quite a lot. Recently, maybe **three to four times a week**, but what I buy is **usually daily needs** such as fruit or food but not clothes or things like that.

FOUR

How often do you go shopping? Maybe **only once a year**. I remember in high school though **I used to go shopping probably once a week**. I used to be one of those **spoiled little rich kids that would get that would get anything they wanted**, but again moving out on my own, I've discovered a hundred dollars for a t-shirt is not a good deal.

FIVE

I go shopping maybe about two times a week. I really enjoy shopping, and where I live there are lots and **lots of clothes shops open after I finish work**, so often when I leave work on my way home I find myself wondering into shops and picking things up and **trying things on**. I love shopping.

Source: Ello Mixer 12

Time: 1'59"

Text 2

Office Exercise

New research shows that office workers and other people who sit down a lot must exercise for **one hour** a day. If they do this, they will increase their chances of living longer. Doctors have been telling us for a long time that sitting down all day will shorten **our life**. Researchers now say that sitting in a chair all day is as dangerous to our health as **smoking** or being overweight. Research on over one million **adults** found that sitting for at least eight hours a day could increase the risk of dying early by up to **60 per cent**. However, there is good news for those who sit at a desk all day. An hour's 'brisk exercise' each day can cancel out the risk of an early death linked to sitting all day.

Researchers hope this will encourage people to exercise more. They say that being inactive increases the risk of getting **heart disease**, diabetes and cancer. This is also because we will also eat **unhealthy snacks**. One researcher said office workers should find opportunities to get out of their seat more often. Professor Ulf Eklund advised people to: 'Take a five-minute **break** every hour, go upstairs to the **coffee machine**, go to the next office, go to the **printer**.' He added: 'Build physical activity into your everyday life.'

Source: Breaking News 300716 Male

1'35"